Project Humanities connects Valley’s diverse communities

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Volunteers of all ages come together from 6:30 to 8:15 a.m. in downtown Phoenix to distribute clothing, shoes, water and toiletries to 150 to 200 adults experiencing stages of homelessness.

Participating in this “Humanity 101 in Action” activity is quite moving, and I realized that I had more freedom to make an impact than I originally had thought.

As a high school intern, I am involved in tasks that support our homeless outreach project.

Among these tasks, I find ways to let others know that everyone has the ability to contribute, and those contributions can include donating and collecting items, sorting items and volunteering on Saturday mornings to distribute.

Project Humanities has given me the opportunity to make a true difference in my community, and I know that participating in this internship has already proven invaluable to me by widening my perspective on the world.

I realize that it is important to recognize the wide spectrum of circumstances any person can be facing at a given time and to be mindful of that fact. No one lives the same way, but we certainly all have the ability to support each other through mutual guidance and compassion.

This initiative matters to me, and it matters to the hundreds of people who benefit from our services.

ASU Project Humanities serves as a symbol for what people should strive for in life — understanding through connecting with one another.

Details: projecthumanities.asu.edu; projecthumanities@asu.edu; and 480-727-7030.

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