Project Humanities Event Report

Event: Men2Men: Resilient, United, & Thriving - Film Screening: The Mask You Live In

Event Details:
Date: Friday, March 9, 2018
Time: 6:00pm - 8:30pm
Venue: First Church UCC, 1407 N. 2nd St., Phoenix AZ 85004
Total Attendees: 60
Feedback cards: 28

What are 3 words that describe your experience from this event?

Top Answers:
1. Informative/educational
2. Enlightening
3. Hopeful

- Shocked, interested, thankful
- Troubling, powerful, informative
- Being authentic, understanding brothers, truth in male patriarchy
- Informative, eye-opening, educational.
• Transformation, informative, enlightening
• Important, respect, conversation,
• Truth, moving, hopeful.
• Informative, provocative, expectant
• Informational, sad
• Powerful, enlightening, compassionate
• Enlightened, encouraged, hopeful
• Informative, action, alarming
• Of different men's lives, need for change, hope
• Informative, positive, reflection
• Informative, knowledgeable, impactful
• Inspired, enlighten, moved emotionally
• Hopeful, grateful for the conversation, resonant
• Awakening, Clarity of what my son has gone through, way to think about Solutions
• Informative, enlightening and beneficial
• Awesome
• Awakening
• Reflective, Community, awareness
• Lack of humanism
• Very informative, information is sad but true

What new awareness did you gain or what is your takeaway from this experience?

Top answers:
1. Need to change the standard that men are not allowed to show emotion
2. Behaviors/cultural influences that shape masculinity
3. Statistics on the effects of this masculinity complex

• The influence that we have on children and that the media has on us as a society. To teach boys to communicate and to be able to show emotions
• We know enough to improve the safety of our own schools and community
• How to react to aggressiveness
• Manhood has been redefined by media and many other factors that make up today's culture, in turn, it has brought a rising rate in current social issues
• The media I consume, and other influences that have me. Mainly, I have come to believe these influences make my effort to remove the mask harder and many levels I and shamed and limited. I comply even when I'm trying not to.
Our culture needs to change how we raise boys versus girls. We need to relearn love, empathy, and respect which are innate, and learned when we are young. We need to mentor boys and stop the violence and objectification of women.

This is a lot of work to do.

Influence on men and masculinity. We need to be conscious of how we speak with our children and the stereotypes we are creating.

The amount of stats on the male side of the ledger that's negative. Especially suicide.

Communication - tone level more bass with boys

Encourage households without fathers

Need for action to listen more; need for men to redefine masculinity; need for society to engage as it impacts all of us and we all play a part

Messaging is so important for interacting with boys and girls there is too much pressure put on boys not to have emotions

Facts about masculinity

Statistics discovered porn at the age of 12

I became more aware that a lot of us live in a bubble more worry about ourselves and brush off people who are really different from us

I attended (in the mid-1970s) a national conference on men and masculinity. The conversation seems still in 2018 just to be starting

That this issue is finally being addressed

What's behind the mask

You don't have to be tough or not show emotion to be a man

I didn't know the stat the 90% of homicides are committed by men

The importance of identifying dissociative behaviors, the impact of those behaviors

Nothing has changed in the last 30 years

The alarming statistics

How might this event impact your life work?

**Top Answers:**

1. Change the way one interacts with boys/ models problematic behaviors
2. Model the 7 principles of Humanity 101 -- compassion, empathy, forgiveness, integrity, kindness, respect, and self-reflection

- It will help me talk to my nephews and kids differently
- Will increase time spent listening to boys and we'll step up when boys are bullied
- Have more patience with hurt people
- In my day-to-day activity, I will encourage myself and others around me to be in touch with their emotions because it is human
Reminded me to be **kinder, more compassionate**, and more respectful
I will be more aware of how boys and men are “molded” by our culture and **look for ways I can respond with love**
Be more aware and **sensitive to boys and their needs**
Making me realize some of the impact these situations have on men whom I interact with daily (a largely male population of veterans)
The masks that young people and even adults where to hide hurt, fear, anger, etc.
I will be more aware opportunities with youth
I will be aware of the significant trauma inflicted on men and **structure my influence** to help decrease the negative effects of the trauma
Reach out to **more with kindness**, open heart, listen and participate in groups
Continue to fight against the “norm” of society
Potential of **awareness dealing with grandsons**
**Dealing with others** who are inside my bubble. People who murder are not necessarily crazy; they are influenced by the people around them
Reassuring that I am “indulging” in a worthwhile life of thoughtful dialogue and behaviors
It would make life and work easier if I could find a mentor for my son and being a single mom. I can **teach him compassion, empathy, forgiveness, Integrity, kindness, respect, and self-reflection** but he needs a male perspective.
Tremendously; because of awareness or getting woke
Made me a better man
Gender dynamics and men's violence against women penetrates our world in more ways than we understand
**Unpacking my own behaviors** in order to connect with others
There’s a lot more that still needs to be done
My eyes are open to many of this information that I was not aware of

Did the content of this event inspire you to change a behaviour or to take action towards change? If yes, please clarify.

**Top Answers:**
1. Allow males in life (including self) to be more expressive
2. Speak up after witnessing problematic behaviours
3. Continue the conversation

- A big difference on how they treat a boy and a girl
- See above
- Understand where my anger comes from and to find solutions
• Yes, I have grown up knowing some emotions should be suppressed as a boy. I will be more expressive.
• Possibly mentor or teach young adolescents to be a positive influence.
• We need to speak up when toxic masculinity is acted out.
• To check my reaction to feminine and masculine personalities that I come in contact with.
• Will take it down a notch. Loudness doesn't always make people listen.
• Yes, I have had a vision for raising boys to be me. I have to allow them to grow and develop into their person.
• I always knew there was a negative impact on young men due to father's absence, however, being aware that young ladies and men are in the same environment but the young ladies participation in violence and or success is vastly different from the young men makes me see there is hope for change and improving the outcome for young men.
• Take action in being more consistent and challenging the aggressiveness of male power addiction.
• Open discussion.
• Increase my knowledge of why people's behavior are the way they are. Provide more empathy and forgiveness.
• Yes. At my high school and at all of men there should be more mandatory small group conversation like in the movie or everyone, not just those who seem traumatized.
• Persist!
• As a woman, we can only teach a male so much talking about starting a group home for troubled young men but we would need strong young men and other men who can be father figures absolutely. Conversation, empathy, compassion.
• No.
• Ask for clarification: “what did you mean by that?” to gently challenge and encourage self-awareness.
• Nope, it's a lost cause.
• Yes. Listen more and allow the boys to express themselves by encouraging in healthy conversation.

Other comments about this event.

• Loved the event. Is a very important subject and a culture we must change.
• Empowering.
• I really learned a lot. It's a privilege.
• Great film and discussion.
• Thank you look forward to the next event.
• The change I want to see, must first begin with me.
• Great. Just wonderful.
- It was very informative and we need more
- Awesome education
- I was pissed off when I watched the movie and felt offended
- Maybe this information could be shared with our church family

ASU students: 1
ASU staff: 0
Community: 25
Other: 2
Unspecified 2