

Humanity 101 on the Homefront: “Toxic” Parenting Behaviors Report

Date: Thursday, 19 March 2020

Time: 6pm - 8pm

Venue: Online: Zoom Webinar

Facilitator: Elisa Kawam PhD, ASU School of Social Work

Panelists:

- Harold Branch, motivational speaker, entrepreneur, co-parent
- Chussette Oden, Beia’s Place
- Neil Tift M.A., Native American Fatherhood and Families Association (absent)
- Dodie Blomberg M.Ed., Positive Discipline (absent)

Full Recording: [TinyUrl.com/ToxicParenting](https://tinyurl.com/ToxicParenting)

Total Participants: 50

Zoom:

Unique views (attendees only): 36

Highest viewership at once: 28 attendees

Average attendee time in webinar: 94 minutes

Facebook Live:

Peak number of viewers at once: 9

Unique 3-second video views: 202

Average watch time: 33 minutes

Total Attendees: 45

Feedback Responses: 9

What are three words that describe your experience from this event?

Three most used words: insightful, helpful, engaging

- insightful, humanizing, connectedness
- encouraging, affirming, thought-provoking
- necessary, awesome, motivated
- insightful, helpful, engaging
- excellent, insightful, self-reflecting
- engaging, thought-provoking, helpful
- informative, educational, inspiring



What new awareness did you gain or what is your takeaway from this experience?

- Solidified for us both viewing that a lot of us have experienced the same things growing up. It gave us the awareness of how growing up with disconnected and absent parents shaped who we are and how much growth it took us to re-parent ourselves.
- Children are ALWAYS observing. Your relationship with your child affects their relationships with others in the future!
- I knew I needed help and not shaming me either was what helped most with keeping an open mind, listening ears, and opening my eyes to the MANY ways I can improve. Improve the past events and practices, and more so the future ones.
- I am mostly intimidated by parenting discussions.
- It's never too late to be a better parent.
- A lot of weird new jargon
- New insights into the prolonged impact of "toxic" parenting behaviors

How might this event impact your life and work?

- Validated how one of us specifically looks to the negative parenting model as to how not to mentor people in the workplace but with the understanding that perhaps that is all they have learned. Also, how to identify the widespread notion of how leaders in our communities use toxic parenting styles as a way to try to control people. While the intention is understood, it is not the most effective way to lead. Again, that may be all they know.
- I am reminded that I cannot expect children (yes, teenagers are children) to have my wisdom, even if I "think" I knew better at their age. I probably didn't.
- I also liked the statement about imagining you are approaching your ___-year-old self. I often approach my students as the teacher I think I needed when I was their age (which is helpful), but I don't often value acting as the teacher I would have wanted, and there's a key difference. They both have value, but hearing one of the panelists say "Would you want to see your face in this moment?" really hit me and I will be more careful in approaching my students when they make mistakes (and my children if I decide to have any)."
- Firstly, being a single mom of 3 teenage daughters and secondly, being newly sober after many years of alcoholism. This will only help all the changes happening BUT more so how WILLING I am and how fessing up, being honest with my girls will only benefit ALL of us 🍷💛
- Improve the quality of advice I can share and use with other humans
- I can help spread the word.
- Increased interest to learn
- I'm a conscious parenting coach, so this was great!

Other comments about this event:

- We truly appreciate these series of lectures and engagements and wish we could be there with all of you in person. Thank you for making it happen despite the quick need to change the format. Very resilient! We were looking forward to this event tonight because every other event has been canceled one by one, except for this one this week!
- I'm so appreciative that you guys stood behind the importance of your work. Keeping the event was AWESOME! Actually I'm pretty sure I would have responded differently if in person so that just makes me feel so sure that it was divine intervention. THANK YOU for all the great work you guys do. I know for a fact how much childhood or lackluster ones are soooo damaging and very well carry into adult lives. Now I'm learning how much I'm carrying all of that into my children's lives too. I so needed this, THANKS again.
- The virtual nature worked out well.
- As a grandfather, I can relate to a lot of what was said. It might be worth doing one for extended families and shared parenting.

What other topics would you be interested in learning about?

- Prisons, justice, aging, topics on vulnerability, class privilege, exposing hidden figures such as women, people of color and female-identifying people of color, gentrification topics. An entire event about the basics of not being judgmental is really needed these days although maybe the pandemic will be our biggest teacher yet.
- How to address/ fix any past "toxic" parenting you've done.
- How to raise your child in a "healthy" way when people around you (family, teachers, neighbors, faith leaders, etc.) do not have the same concerns/ awarenesses. I can't be with my child 24/7, so what happens when someone does something I think is negative around my child?
- How to address negative behaviors in healthy ways
- Having those awkward conversations with family, friends, and our children or parents
- Forgiveness ... of yourself, of your parents, of others ... a form of self-care
- How health and wellness programs like suicide prevention and mental health first aid might be effective in addressing the country's needs.
- A parenting discussion specifically on co-parenting
- I was happy to join. I continue to be impressed by the work Project Humanities does in our community! It was a great panel and flowed very well.
- Such a great and important discussion.
- Thank you once again to Project Humanities for bringing us together for a crucial and timeless conversation.

Participant Feedback Demographic:

ASU Student: 1

ASU Staff: 0

Community: 5

Student-Other: